

mpox

WHAT YOU

NEED

TO KNOW

Hint:
Keep this
in your
phone!

mPOX is real! It is important to be well-informed about **prevention, accessing care, how to get vaccinated** and **what to do** if you are sick

mPOX FAAX

1.

Like COVID and HIV,
mPOX Does Not Discriminate.
ANYONE CAN GET IT!

2.

Like STIs, mPOX is spread through **direct contact with open scabs, bodily fluids, or skin-to-skin touch**

mPOX FAX

3.

mPOX is uncomfortable and unsightly, but typically only **lasts 2-4 weeks**

4.

Do not pop or scratch lesions!

This can spread the infection on your body and others

5.

Be careful around pets!

Hugging, cuddling, kissing, or sharing food can spread mPOX

The CDC recommends vaccinations for mPox for people exposed to the virus and those more likely to get it.

Find a **mPOX** vaccine near you [HERE](#)

mPOX VAX

CDC says vax if you have contact with **ANYONE** who has tested positive in the past 2 weeks.

Existing mPox and smallpox vaccines are **highly effective**.

Faster = Better
Get vaxxed within
4 days of exposure!

mPOX max

Explore and share the links below for even more information about MPOX!

- [PODCAST: Undistracted: Will We Be Smarter About the Next Epidemic? Two Experts Break it Down](#)
- [Schools, Early Care and Education Programs, and Other Settings Serving Children or Adolescents](#)
- [Key Facts About Vaccines to Prevent MPox Disease](#)
- [Disinfecting Home and Other Non-Healthcare Settings](#)
- [Pet in the Home](#)
- [What To Do If You Are Sick](#)
- [What You Need to Know about Monkeypox if You are a Teen or Young Adult](#)
- [Institutions of Higher Education](#)
- [Seven Questions on MPox Vaccines with Dr. Daskalkis](#)
- [MPox Facts - NBJC](#)